

Speech and Language Therapy

## **Me and My Family**

# **Lesson 3 of 14 on Emotional Regulation and Self Esteem**

Emma Jones



# Who is in my family?

Picture	Who?
	E.g. This is my Mum
	E.g. This is my sister Laura



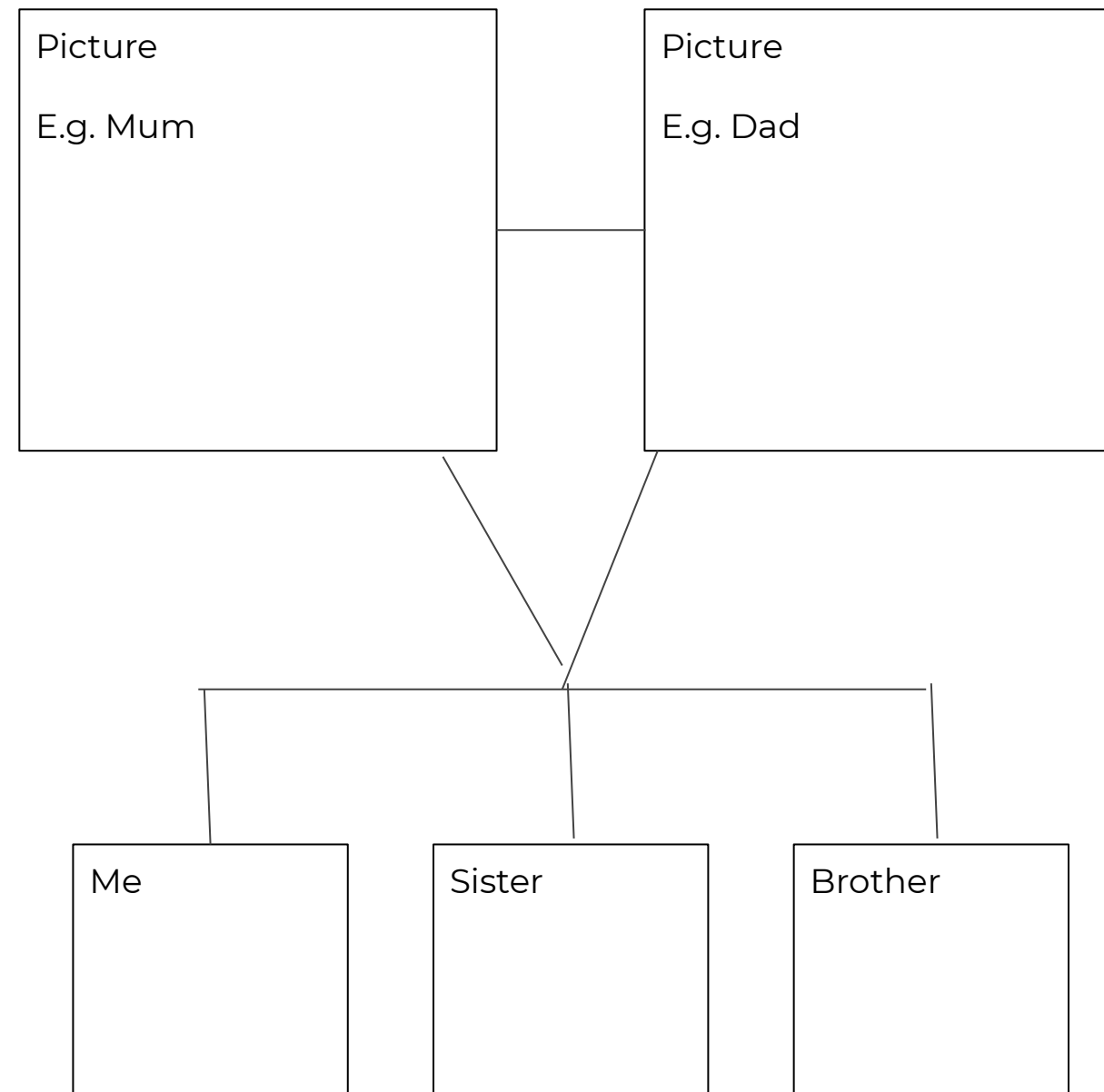
# More information

Picture	Who?	
	E.g. This is my Mum	Mum loves chocolate Mum doesn't like spiders
	E.g. This is my sister Laura	Laura loves music Laura doesn't like clowns



# My Family Tree

Draw our relationships in your family. You could also include birthdays and more detailed information!



# Who do I live with?

Who lives at home?

My Mum and Dad and Sister.

Who lives away from home?

E.g. My brother Alex is at university. He lives in Edinburgh.

