

# Sensory Stories

## Lesson 3 of 14 on Understanding Language

Speech and Language Therapy

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# Steps to Success!

## 1. Choose a story or theme together.

Remember we don't need a book to tell a story!  
Make up your own story or talk about a personal event.

## 2. Summarise it into short interesting sentences. Keep it simple about 10 for the whole story is ideal.

## 3. Pick out the keywords - roughly 1 per sentence.

These should be the most important for the story to be told and will usually include the who/what/where/doing words.

## 4. Bring the story to life!

Look around your home for props to represent your keywords. Props can be anything from using the space behind a sofa as a dark cave, or using coffee grains from the kitchen as mucky dirt.  
Pound shops and charity shops can be great places to find cheap props too! (Please bear in mind that not all props are allergy-free/safe for children to use without your supervision).

## 5. Make some noise and movements!

Use sounds, songs, clapping and actions. Encourage the child to join in or make their own sounds and movements.

## 6. Get creative!

Don't feel that everything has to be literal. Rain could be the noise of your fingers pattering on the table, a water spray, wagging your fingertips to indicate raindrops falling to the ground or a combination of these things. The more clues you give your child to help them understand a word the better.



# Sensory Story Task

Use the table below to help organise your planning for the sensory story activity.

Name of story	
Summary	Break it down into no more than 10 key sentences - Keep it short and simple! 1. 2. 3. 4. 5. 6. 7. 8. 9. 10.

Key Words and paired sensory activity	
What resources do I need?	



# Sensory Activities

<b>Actions</b>	<b>Noises</b>	<b>Touch</b>
Signs Gestures Movements	Sounds Songs Tapping Clapping Singing	Rough Smooth Soft Hard Bumpy
<b>Tastes</b>	<b>Smells</b>	<b>Props</b>
Strong flavour Mild flavour Textures Samples	Strong scents Mild scents Smelly pots	Puppets Accessories Anything else!



# Example Sensory Story

## Walking through the jungle!

1. Sing!

Walking through the jungle, Walking through the jungle, What can I see? What can I see ?

2. I can see a snake, slithering through the trees!

Sensory activity suggestions: bowl of slime, hair gel, noodles, jelly. Snake toys. Stuff tights with tissue paper to scrunch and feel.

3. Sing!

Walking through the jungle, Walking through the jungle, What can I see? What can I see ?

4. I can see the butterflies, fluttering above the trees!

Sensory activity suggestions: Paper Fans fluttering on skin

5. Sing!

Walking through the jungle, Walking through the jungle, What can I see? What can I see ?

6. I can see an elephant, stomping past me!

Sensory activity suggestions: Drum for Elephants stomping, tube for trunk, spray water for trunk

7. Sing!

Walking through the jungle, Walking through the jungle, What can I see? What can I see ?

8. I can see a campfire, crackling next to me!

Sensory activity suggestions: Popping candy, Foil blanket/ foil scrunched up.

9. Sing!

Walking through the jungle, Walking through the jungle, What can I see? What can I see ?

10. I can see the sun shining down on me!

Sensory activity suggestions: Torch, yellow material

11. Sing!

Walking through the jungle, Walking through the jungle, What can I see? What can I see ?

12. I can see a river flowing next to me!

Sensory activity suggestions: Water play, pouring water, blue material

13. Sing!

Walking through the jungle, Walking through the jungle, What can I see? What can I see ?

14. I can see a spider's web, hanging in the trees!

Sensory activity suggestions: Use hands to "tickle" like spiders

Silly string/string.



# Sensory Stories Diary

Date:

We learnt about

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When my adult

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I...

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Insert picture

