Communication and Language: Changes and Transition - Building Understanding

Matching Symbols & Objects
Feelings
Equipment for this lesson

In this lesson you will need:

- Mirror
- Pictures of faces
- Scissors (parent / carer supervision is necessary)
- Symbols for features of the face
- Paper
- Glue

Images from Pixabay, FreeSVG
Pulling faces

Begin the session by looking at your face in the mirror. Talk about what you can see and point to the different features of the face whilst naming them.

Try pulling different faces together in the mirror. Use simple language, for example ‘happy’, ‘sad’.
Time to complete your task

Pulling faces

Print out or draw the symbol for happy or sad
Show your child the symbol and reinforce the word
Ask your child to pick a symbol and then make a matching face in the mirror
Matching faces

Find lots of different pictures of faces. Make sure you have a mixture of happy and sad faces. Look together at the pictures. Talk about which faces are happy and which faces are sad.

Using the happy and sad symbol, sort the pictures into 2 piles.
Time to complete your task

Sorting faces

Sort out the pictures of the faces into happy and sad faces

You can stick these onto paper or just arrange on the floor
Self-portrait

Look at your face in the mirror or feel your face with your hands. Can you identify all the different parts of your face? Use the symbols to help you to identify your:

Images from Pixabay
Time to complete your task

Making a self-portrait

Start with a face shape drawn on paper or a face shape cut out of paper
Print off or draw the different features of your face
Stick these onto your paper. Can you get them in the right place?
You can use a mirror to help you
Make it easier

Use pictures of faces to match to the symbols and arrange on a page to make a portrait

Make it harder

Try drawing your own face and then use symbols or words to label your picture

More ideas

Look at lots of pictures of faces and point to or name the different facial parts

Try matching up different facial expressions with words or symbols

Choose an expression symbol and then pull the face in a mirror