

Oak Specialist

Independent Living

Unit 1- Home Management

Applying Learning



Unit 1- Home Management

Lesson 1- Using cleaning products

Recognising common cleaning products and warnings on the labels.

Lesson 3- Reading clothes labels

Identifying key washing symbols and what they mean.

Lesson 5- Using the kitchen safely

Recognising different kitchen utensils and appliances, and how to use them safely.

Lesson 2- Hygiene at home

Using the correct cleaning product and cloth for the job.

Lesson 4- Organising clothes

Sorting clothes by category and folding correctly.

Lesson 6- Reading food labels

Counting equipment needed and using a visual to set the table.



Lesson 4 - Organising clothes



Teacher notes- Lesson 1 Organising Clothes

Learning Intention: Understanding how to sort and store clothes.

1. Begin by introducing different types of storage for clothes.
2. What might we put in each item of bedroom furniture / storage?
3. Starting with underwear, sort clothes into groups ready to store.
4. Learn to 'roll' socks, fold tops, fold trousers and hang trousers, tops and dresses.



Home Management

Organising clothes

Applying Learning



Lesson Activity Stages

This lesson will be taught in 3 stages:

1. Looking at different types of furniture we store our clothes in.
2. Sort our clothes into groups according to underwear, folding or hanging.
3. Learn to roll socks, fold and hang clothes.



Furniture used to store clothes



Which clothes do we fold and which clothes do we hang?



Activity

1. This activity can be completed in the bedroom.
2. Find some clothes that have been washed and ironed ready for putting away.
3. Sort the clothing into piles for folding and hanging.
4. Watch the support video for *lesson 3 'Organising Clothes,'* modelling how to fold and hang clothes, or if you prefer you can model this yourself.
5. Practice folding and hanging a variety of clothes, putting them away in the wardrobe or drawers.



Independent Living

Home Management

Organising Clothes

Make it easier

- Instead of grouping and hanging your clothes you can focus on just learning to fold some of your clothes.

Make it harder

- Learn how to fold shirts and dresses to stop them from getting creased, or to pack for a journey.
- Organise the clothes in your wardrobe so that they are easy to find. E.g. trousers together and tops together.

More ideas

- Learn how to pack your clothes for a journey.
- Sort your clothes by season or occasion.



Further Learning with Oak National

Independent Living:

- Applying Learning- Preparing for a trip (Unit 3)
- Building Understanding- Organising clothes (Unit 1)
- Building Understanding- Clothes for occasions (Unit 1)

Communication and Language:

- Building Understanding/ Applying Learning- Clothes and fashion (Unit 3)



References

Slide 7- Drawers, Pikist / Wardrobe, Pngimg / Hanging rail, Piquesels

Slide 8- Red jumper, Needpix / Red dress, Needpix / Jeans, Pngimg, Tshirt, Pngimg / Shirt Pngimg

