

Music

Finding the pulse

Lesson 1 of 6: Worksheet

Miss Hart





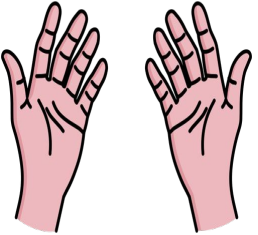
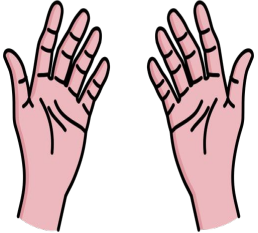
Music worksheet for lesson 1, activity 2

Instructions:

For this activity you are going to **compose** your own body percussion pattern. I have included my example on the sheet. Can you think of some different body actions for your pattern?

Challenge:

Can you perform your pattern to another family member and keep a steady pulse?

1	2	3	4
			

My example

1	2	3	4

Your pattern

Images: Free svg, Human feet cartoon clip art, Vector image of open your palms.

